

VOLUNTARY MEDICAL MALE CIRCUMCISION - VMMC

**INDIVIDUAL
AID**



The Maternal and Child Health Integrated Program (MCHIP) is the United States Agency for International Development Bureau for Global Health flagship maternal, neonatal and child health (MNCH) program. MCHIP supports programming in maternal, newborn and child health, immunization, family planning, malaria and HIV/AIDS, and strongly encourages opportunities for integration. Cross-cutting technical areas include water, sanitation, hygiene, urban health and health systems strengthening.

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INTRODUCTION

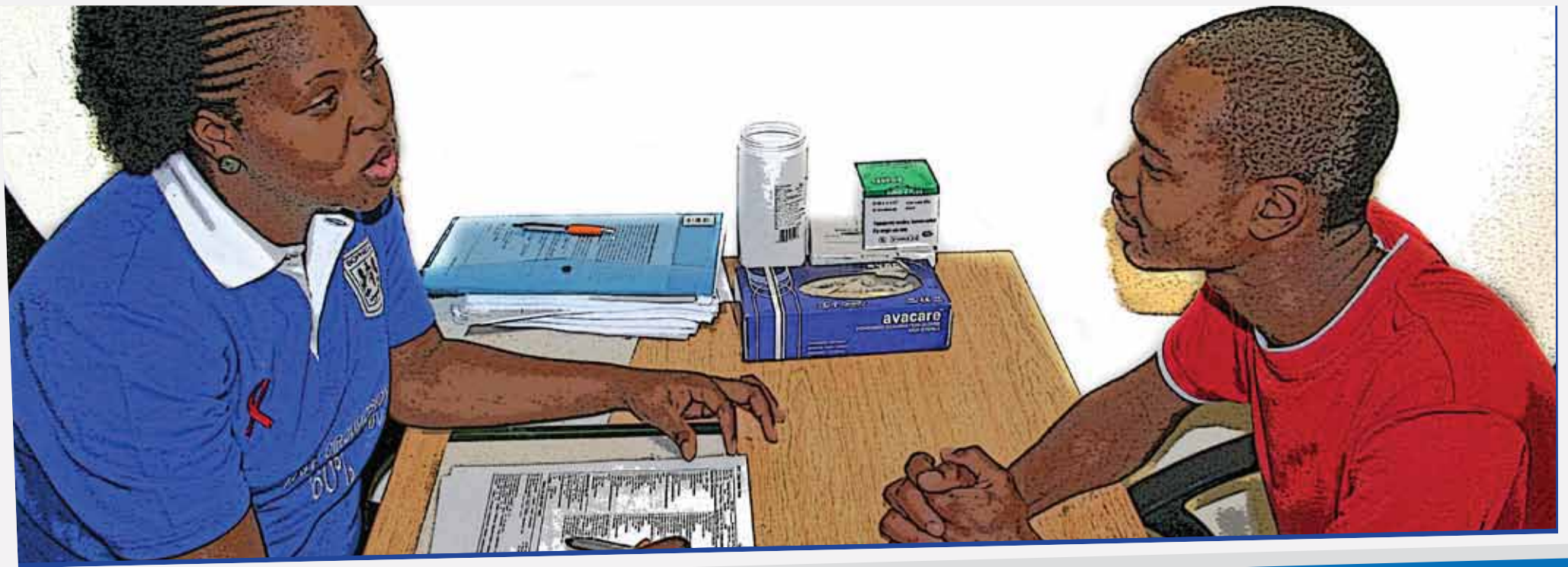


INTRODUCTION

- ***Introduce yourself to the client***
- ***Welcome client and thank the man for coming today***
- ***Assure client of confidentiality in HIV testing and counseling (HTC)***
- ***Remind the client his participation is voluntary***
- ***Encourage client to participate***



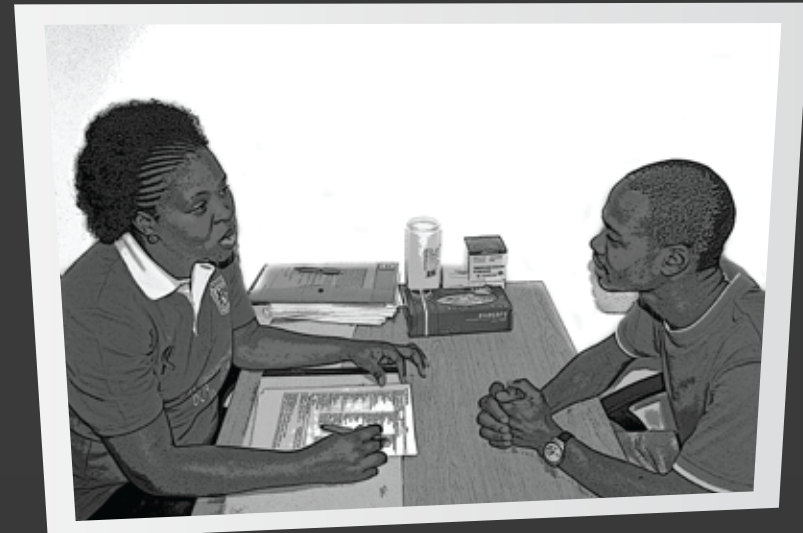
SERVICES OFFERED TODAY



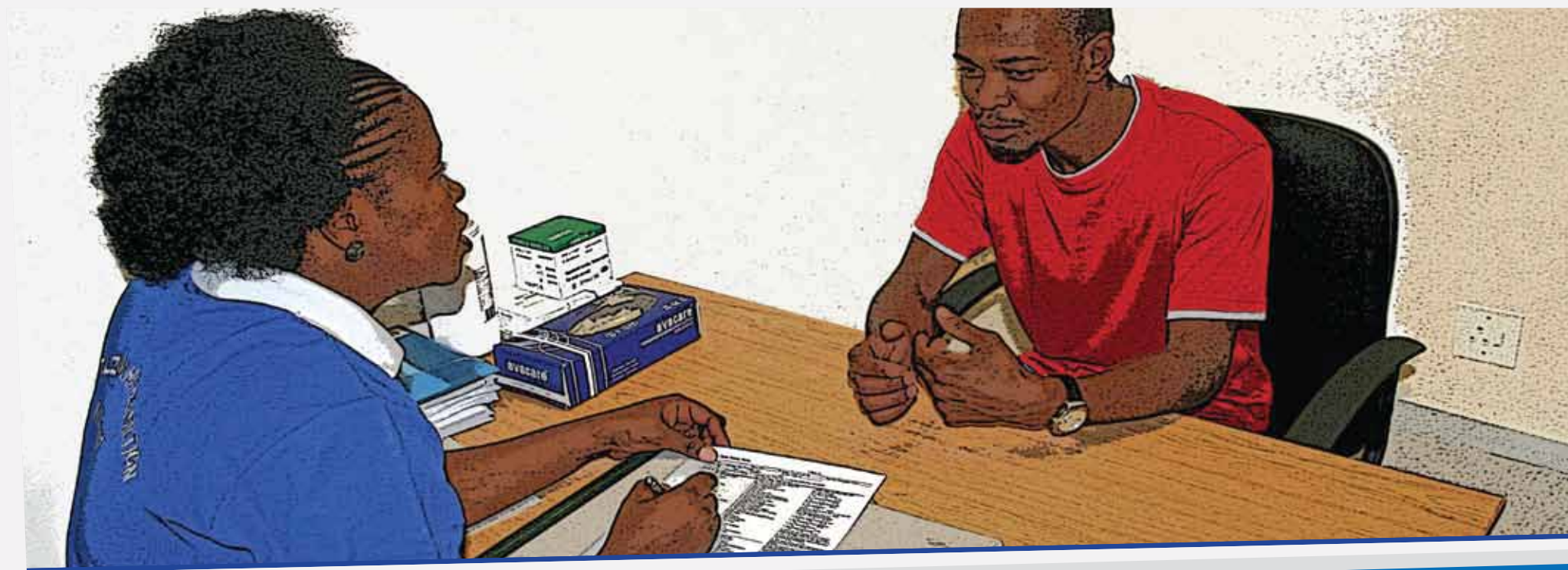
SERVICES OFFERED TODAY

There are several services that are offered today including: VMMC, provision of screening for sexually transmitted infections (STIs), HTC.

- ***Explain HTC***
- ***Explain STI screening***
- ***Explain VMMC screening***



RISK ASSESSMENT



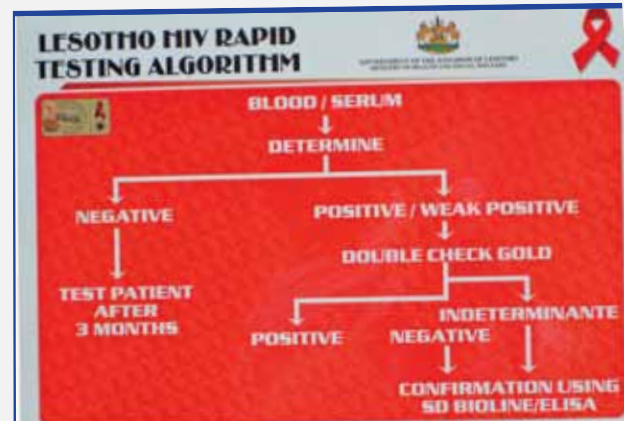
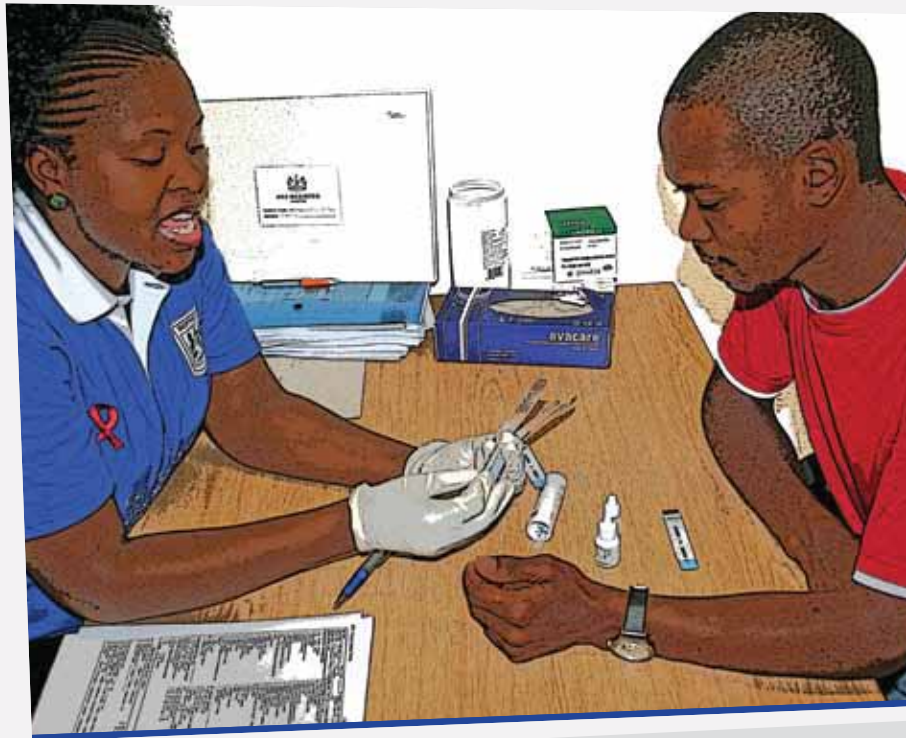
RISK ASSESSMENT*

We are now going to look at your risks.

****Counselor to follow the client intake form***



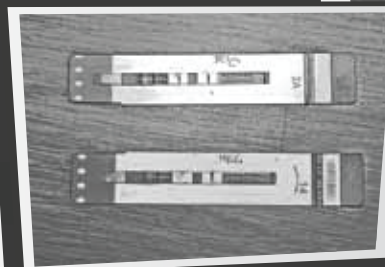
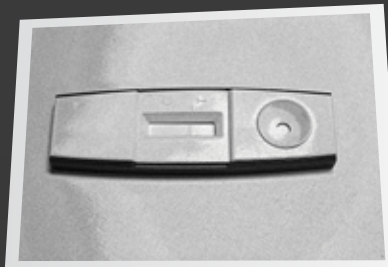
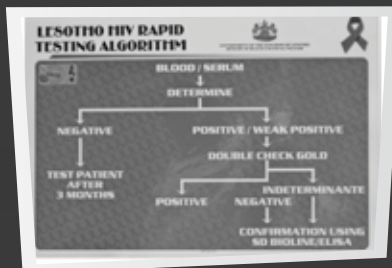
HIV TESTING



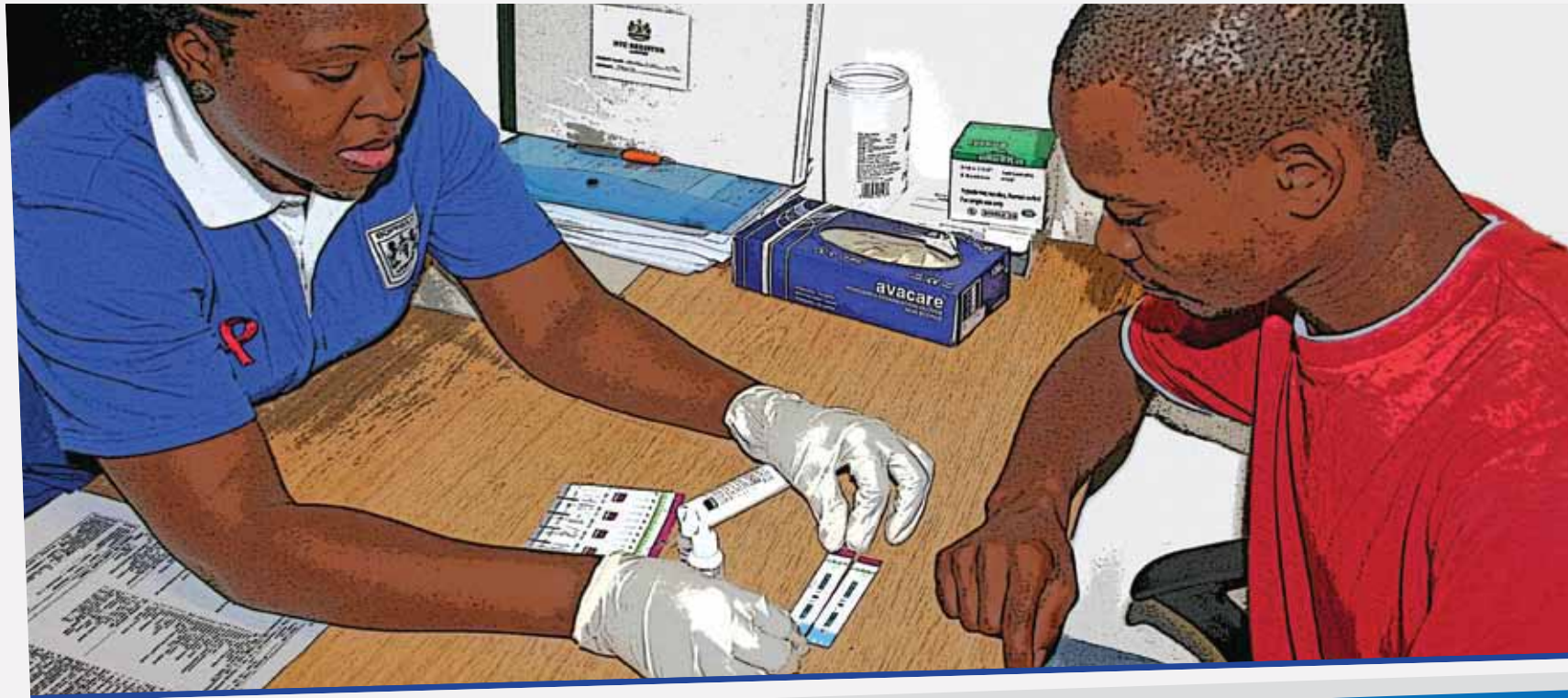
HIV TESTING*

- *Explain each item in testing kit*
- *Explain how kit is used*

***Counselor following testing algorithm**



POST-TEST



POST-TEST

Once your test results are out, we will discuss the meaning of your results:

If your test result is negative it means:

- ***Right now you are not infected with HIV***
Or
- ***You may be infected, but it is still too early to detect the virus. It can take up to three to six months to test positive after being infected with HIV. This is called the "window period." Though you are likely not infected, you will have to repeat the test in three months to be absolutely sure.***

Since you are not infected now, you will have to make up your mind to carry out any of these three activities to maintain your HIV-negative status:

- ***Abstain from sex***
- ***Be faithful to one partner whose HIV status has been proved by HTC***
- ***Use a condom always and correctly whenever you want to have sex***
- ***Ask your partner to be tested***
- ***Ensure that you are tested for HIV every three months***

How do you feel? Do you have any questions about your results?



If your test result is positive it means:

- ***You are infected with HIV.***
- ***The virus attacked your body's immune system making it possible for you to catch a lot of different sicknesses.***
- ***Knowing that you are HIV-positive early is very good. This means that you can take care of your body and support your body's defense system to fight other sickness.***
- ***Being HIV-positive is not the end of the world. You can still have a good life ahead of you. All you have to do is to make up your mind to live positively with the virus.***
- ***You will need to go have your CD4 count levels tested to see how much the virus has spread throughout your body to see if you need medication.***

How do you feel? Do you have any questions about your results?

ANY QUESTIONS?



ANY QUESTIONS?

What questions do you have about any of the issues we discussed?

Clients may have questions on any topic, including:

- o *Physical and psychological changes that occur during adolescence*
- o *Sexuality and gender issues*
- o *Male and female reproductive health*
- o *STIs*
- o *HIV/AIDS*
- o *The ABCs (abstaining, being faithful, using a condom) of safe sex*
- o *HTC*
- o *Family planning*
- o *Substance abuse (drugs, alcohol, tobacco)*
- o *Violence (including gender-based violence)*
- o *Goal setting and decision-making (including the role of women and equal partners)*

Questions to ask client:

- o *What reproductive health issues are you concerned about?*
- o *Do you think VMMC is for you?*
- o *How are you feeling?*
- o *Are there other services you are interested in?*

Referrals available for clients?

